

## Nov-09

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4 <b>LEAGUE MEETING HOLTON: 7:00 PM</b>	5	6	7
8	9	10	11	12	13	14
15 <b>DIVE OF THE WEEK -- FRONT</b>  <b>SJC INVITATIONAL @ TAKOMA</b>	16	17 <b>SR: 4:30 - SR V CHC &amp; ME V SJC</b>	18	19 <b>TR: 4:00 - DM/GV V PVI</b>	20 <b>HA: 4:30 - HA/LN V SID GP: 4:00 - GP/AHC V McN V BI HA: 7:30 - DJO V SSSA</b>	21 <b>LBA/ GZ/GP @ LBA- 2:00</b>
22 <b>DIVE OF THE WEEK -- BACK</b>	23 <b>HA: 4:30 - HA/LN v GV/DM TR: 4:00 - ES/DM V McM HA: 7:30 - GZ/SID(GIRLS) - GC</b>	24 <b>GP: 4:00 - GP/AHC V CHURCHILL SR: 4:30 - SR V ME</b>	25	26 <b>THANKSGIVING</b>	27	28
29 <b>DIVE OF THE WEEK -- INWARD</b>	30					

## Dec-09

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>DIVE OF THE WEEK -- INWARD</b>		1 <b>TR:</b> 4:00 - ES/DM V CHC/HTS <b>SR:</b> 4:30 - SR/HTS V BU <b>STA:</b> - 7:30 FH V BI	2 <b>STA:</b> 4:00 - STA/NCS V SJC	3 <b>TOM DOLAN</b> <b>TR:</b> 4:00 - POT V McN <b>MAD:</b> 4:30 - MAD V GV <b>HA:</b> 4:30 - HA/LN v GZ <b>HA:</b> 7:30 - SSSA V SID <b>STA:</b> 7:30 - ME V EB	4 <b>TOM DOLAN</b>	5 <b>TOM DOLAN</b> <b>STA:</b> 5:00 - STA/NCS V SSSA
6 <b>DIVE OF THE WEEK -- TWIST</b> <b>TOM DOLAN</b>	7	8 <b>TR:</b> 4:00 - DM/ES V SJC <b>SR:</b> 4:00 - SR/HTS V OAK/GZ <b>HA:</b> 4:30 - HA/LN V STA/NCS <b>MAD:</b> 4:30 - MAD V CHC <b>STA:</b> 7:30 - BU V SID <b>HA:</b> 7:30 - PVI V GC <b>MAD:</b> 7:45 - EB V SSSA	9 <b>STA:</b> 4:00 - STA/NCS V FH	10 <b>JR NATIONALS &amp; SPORTFAIR</b> <b>TR:</b> 4:00 - ME V HTS/GV <b>STA:</b> 7:30 - DJO V McN	11 <b>JR NATIONALS &amp; SPORTFAIR</b> <b>GP:</b> 4:00 - GP/AHC V BU V SSSA	12 <b>JR NATIONALS &amp; SPORTFAIR</b> <b>WMPSSDL RELAYS @ WILSON 8:00 AM</b> <b>HA/LN @ Shady Side: 4:30</b>
13 <b>DIVE OF THE WEEK -- REVERSE</b> <b>JR NATIONALS SPORTFAIR</b>	14	15 <b>STA:</b> 4:00 - STA/NCS V DM/CHC <b>TR:</b> 4:00 - SJC V EB & OAK V GV <b>GP:</b> 4:00 GP V CH <b>STA:</b> 7:30 - DJO V SID <b>MAD:</b> 7:45 - OAK V GV	16	17 <b>GP:</b> 4:00 - GP/AHC v HA/HTS <b>TR:</b> 4:00 - ES V SSSA V PO	18	19
20	21	22	23	24	25 <b>CHRISTMAS</b>	26
27	28	29	30	31		

**Jan-10**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>NEW YEARS</b>	2
3 <b>DIVE OF THE WEEK -- FRONT</b>	4	5 <b>GP:</b> 4:00 - GP/AHC V DM/ES <b>STA:</b> 7:30 - GC V DJO <b>MAD:</b> 7:45 - POT V HTS/CHC	6 <b>STA:</b> 4:00 - STA/NCS V GZ/GV	7 <b>TR:</b> 4:00 - ES/DM V FH V BU <b>HA:</b> 4:30 HA/LN V SJC <b>HA:</b> 7:30 - EB V BI <b>STA:</b> 7:30 - McN V HTS/OAK	8 <b>STA:</b> 4:00 - STA/NCS V PVI <b>SR:</b> 4:00 - SR/GZ V GV/DM <b>MAD:</b> 4:30 - OPEN (GIRLS ONLY) <b>GP/AHC @ COLLEGIATE 7:00 PM</b>	9
10 <b>DIVE OF THE WEEK -- BACK</b>	11	12 <b>TR:</b> 4:00 - ES/GZ V BI <b>HA:</b> 4:30 - HA/LN v BU <b>SR:</b> 4:30 - SR V EB & ME V POT <b>HA:</b> 7:30 - GC V DM/CHC <b>STA:</b> 7:30 - FH V SSSA <b>MAD:</b> 7:45 - OPEN (GIRLS ONLY)	13	14 <b>TR:</b> 4:00 - DM/CHC V BU <b>HA:</b> 4:30 - HA/LN v MAD/HTS <b>STA:</b> 7:30 - BI V PVI	15	16 <b>GP:</b> 10:00 - GP/AHC V ST.CATHERINS/ ST. CHRISTOPHERS
17 <b>DIVE OF THE WEEK -- INWARD</b>	18 <b>MLK DAY</b>	19 <b>TR:</b> 4:00 - ES/DM V ME & SID V EB <b>STA:</b> 4:30 - SR/HTS V NCS/STA <b>STA:</b> 7:30 - SJC V McN <b>MAD:</b> 7:45 - OPEN (GIRLS ONLY)	20	21 <b>STA:</b> 4:00 - STA/NCS V DJO <b>TR:</b> 4:00 - POT V FH <b>STA:</b> 7:30 - ME V BU	22 <b>GP:</b> 4:00 - GP/AHC V DJO <b>SR:</b> 4:30 - SR V MAD	23 <b>GP:</b> 9:00 - GP/AHC V GZ/GV <b>STA:</b> 9:00 - STA/NCS V SID
24 <b>DIVE OF THE WEEK -- TWIST</b> ----- 31 <b>DIVE OF THE WEEK -- REVERSE</b>  <b>NATIONAL CATHOLICS</b>	25	26 <b>GP:</b> 4:00 - GP/AHC V GC <b>MAD:</b> 4:30 - MAD V OAK <b>STA:</b> 7:30 - PVI V DJO <b>MAD:</b> 7:45 - CHC V GV	27 <b>STA:</b> 4:00 - STA/NCS V McM	28 <b>ISL CHAMPIONSHIPS 500 @ HOLTON - DIVING @ STONE RIDGE</b> <b>TR:</b> 4:00 - ES/DM V BI <b>STA:</b> 7:30 - OPEN	29 <b>ISL CHAMPIONSHIPS @ HOLTON</b>	30 <b>NATIONAL CATHOLICS</b>

## Feb-10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DIVE OF THE WEEK -- REVERSE	1	2 STA: 4:00 - STA/NCS V GP/MAD	3 WMPSSDL BOYS DIVING CHAMPIONSHIPS @ PREP	4 WMPSSDL GIRLS DIVING CHAMPIONSHIPS @STONE RIDGE	5	6 WMPSSDL CHAMPIONSHIPS @GMU
7 DIVE OF THE WEEK -- FRONT	8 JV WMPSSDL @TBA	9 STA: 7:30 - SID V FH	10 HA: 4:30 - HA/LN v PVI HA: 7:30 - BI V DJO	11 STA: 7:30 - BU V EB	12 IAC CHAMPIONSHIPS @ PREP 4:00	13
14 DIVE OF THE WEEK -- BACK	15 PRESIDENTS DAY	16 SR: 4:30 - SR/HTS V POT & OAK V EB STA: 7:30 - SID V BU V McN	17	18 STA: 7:30 - Open	19 VA IND STATES	20 VA IND STATES
21 DIVE OF THE WEEK -- TWIST	22	23	24 METROS	25 METROS	26 METROS	27 METROS
28						