

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****Event 2 Women 200 Yard Medley Relay**

**League Rec:** 1:43.51 \$ 2006 **Good Counsel**  
**Meet Record:** 1:46.24 % 2006 **Good Counsel**  
**Metros:** 2:05.99  
1:51.28 AAA  
1:52.99 AAC

Team	Relay	Seed Time	Finals Time	Points
1 Good Counsel	A	1:43.51	1:50.66 AAA	40
1) Mills, Kaitlin SR	2) Haase, Sarah SO	3) Kolanowski, Anna FR	4) Mulquin, Catherine FR	
28.11	58.43 (30.32)	1:25.74 (27.31)	1:50.66 (24.92)	
2 Academy of the Holy Cross	A	1:53.63	1:55.70	34
1) Ferguson, Ashleigh E SO	2) Cason, Molly P SO	3) Hondros, Julia M SR	4) Schipani, Jessica FR	
27.73	1:01.02 (33.29)	1:29.63 (28.61)	1:55.70 (26.07)	
3 Maret School	A	1:56.72	1:58.14	32
1) Pietrantonio, Anna SR	2) Brown, Claire JR	3) Pietrantonio, Sofie FR	4) Hicks, Taylor FR	
30.38	1:05.93 (35.55)	1:32.90 (26.97)	1:58.14 (25.24)	
4 The Holton-Arms School	A	1:56.28	1:58.33	30
1) Gathright, Jenny SO	2) Cleary, Grace E FR	3) Cohen, Nina A FR	4) Poon, Alex SR	
30.49	1:03.28 (32.79)	1:31.87 (28.59)	1:58.33 (26.46)	
5 Georgetown Visitation	A	1:57.29	1:59.12	28
1) Gray, Megan FR	2) Crittenberger, Lee SR	3) Lindlaw, Casey JR	4) Heffernan, Katie SR	
30.11	1:03.68 (33.57)	1:32.32 (28.64)	1:59.12 (26.80)	
6 NATIONAL CATHEDRAL/W	A	1:58.21	1:59.27	26
1) Orme, Nicole 13	2) Larson, Christina 10	3) Rholl, Christine E 10	4) Murphy, Cara 12	
29.49	1:04.64 (35.15)	1:31.90 (27.26)	1:59.27 (27.37)	
7 St. John's College High School	A	1:57.96	1:59.71	24
1) Whyte, Morgan SO	2) Colevas, Katherine FR	3) Colevas, Alexandra A JR	4) Pankratz, Sarah E JR	
28.39	1:02.21 (33.82)	1:32.36 (30.15)	1:59.71 (27.35)	
8 Bishop O'Connell High School	A	1:58.91	2:02.96	22
1) Duesterhaus, Emily R SR	2) Kilgallin, Elizabeth J SR	3) McGinley, Bridget M SR	4) Bourne, Madeleine JR	
32.81	1:07.61 (34.80)	1:36.10 (28.49)	2:02.96 (26.86)	
9 Connelly School of Holy Child	A	2:04.74	2:03.82	18
1) Lamb, Heather	2) Bellino, Kerry	3) Gardella, Casey	4) Frech, Jessie	
32.33	1:07.10 (34.77)	1:37.45 (30.35)	2:03.82 (26.37)	
10 Bishop McNamara High School	A	1:55.54	2:05.69	14
1) Kelly, Grace SR	2) Rourke, Carmela JR	3) Bryant, Kristen	4) Barber, Amanda JR	
31.90	1:12.75 (40.85)	1:38.70 (25.95)	2:05.69 (26.99)	
11 Stone Ridge	A	2:07.87	2:06.22	12
1) Plaine, Meredith A JR	2) Kronfli, Natalie K FR	3) Trujillo-Lederer, Bella I FR	4) Kamos, Haley C JR	
35.35	1:09.37 (34.02)	1:39.67 (30.30)	2:06.22 (26.55)	
12 Sidwell Friends School	A	2:06.70	2:06.93	10
1) Murray, Jean	2) Bristol, Hannah	3) Epstein, Anna	4) Slater, Bridgette	
35.39	1:12.83 (37.44)	1:39.79 (26.96)	2:06.93 (27.14)	
13 Elizabeth Seton High School	A	2:05.50	2:08.19	8
1) McClurg, Alison M SR	2) Luigard, Emma SO	3) Kelshaw, Trisha SR	4) Clagett, Natalie SR	
34.09	1:08.91 (34.82)	1:39.25 (30.34)	2:08.19 (28.94)	
14 The Bullis School	A	2:08.85	2:09.40	6
1) Howard, Lynne P JR	2) Funsten, Anna JR	3) Dahut, Maddie SO	4) Terr, Ashley SR	
36.45	1:12.99 (36.54)	1:42.37 (29.38)	2:09.40 (27.03)	
--- Good Counsel	B	NT	X1:56.03	
1) James, Moira JR	2) Rivera, Julia SR	3) Considine, Nora JR	4) Cleary, Katherine FR	
30.08	1:02.46 (32.38)	1:30.50 (28.04)	1:56.03 (25.53)	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 2 Women 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- St. John's College High School	B	NT	X2:07.05	
1) Baker, Sophia M FR	2) Eloshway, Melissa B SO	3) Osborne, Kara G FR	4) Claro, Monica O JR	
32.87	1:11.99 (39.12)	1:38.57 (26.58)	2:07.05 (28.48)	
--- Georgetown Visitation	B	NT	X2:07.94	
1) Falcone, Gina SO	2) Duke, Erin FR	3) Finnell, Bridget FR	4) Patalita, Elizabeth JR	
34.02	1:09.69 (35.67)	1:39.62 (29.93)	2:07.94 (28.32)	
--- Bishop O'Connell High School	B	2:09.60	X2:12.13	
1) Aubry, Meghan SR	2) Fernandez, Marlena SO	3) Young, Katherine A SR	4) Aubry, Christine FR	
34.68	1:12.90 (38.22)	1:43.17 (30.27)	2:12.13 (28.96)	
--- The Holton-Arms School	B	2:12.65	X2:17.96	
1) Warner, Mimi SO	2) Cohen, Ariel SR	3) Keefer, Katie JR	4) Sanguinetti, Mariah SR	
34.68	1:15.53 (40.85)	1:47.24 (31.71)	2:17.96 (30.72)	
--- Stone Ridge	B	2:16.92	X2:20.02	
1) Knapp, Katie C SR	2) Carey, Bridgid E FR	3) Ruocco, Carolyn P SR	4) Conley, Meghan A SR	
35.93	1:13.35 (37.42)	1:50.07 (36.72)	2:20.02 (29.95)	
--- Sidwell Friends School	B	NT	X2:35.02	
1) Entwisle, Laura	2) Ben-Veniste, Olivia	3) Holland, Madeline	4) McCandlish, Georgia	
36.57	1:25.00 (48.43)	2:03.50 (38.50)	2:35.02 (31.52)	
--- The Bullis School	B	NT	X2:47.83	
1) Herrick, Leah JR	2) Auerbach, Jojo JR	3) Calder, Katie F SO	4) Gleason, Chelsea SR	
40.82	1:35.84 (55.02)	2:11.21 (35.37)	2:47.83 (36.62)	
--- Maret School	B	NT	X2:58.30	
1) Barnett, Evie SO	2) Lambert-Gittis, Emily SO	3) Kohlman, Jessie SO	4) Dawson, Olivia FR	
47.10	1:34.35 (47.25)	2:20.16 (45.81)	2:58.30 (38.14)	
--- Connelly School of Holy Child	B	NT	XDQ	
1) Szemraj, Alexis	2) Nguyen, Emily	3) Langer, Julia	4) Kress, Katie	
47.89	1:38.38 (50.49)	2:07.28 (28.90)	DQ (31.79)	

**Event 4 Women 200 Yard Freestyle**League Rec: **1:45.49** \$ **2006** Kate ZieglerMeet Record: **1:49.41** % **2004** Kate ZieglerMetros: **2:08.59****1:51.28** AAA**1:52.99** AAC

Name	Yr	School	Seed Time	Finals Time	Points
1 Rogers, Katie L	JR	Academy of the Holy Cross	1:53.60	1:54.24	20
27.18	56.16 (28.98)	1:25.55 (29.39)	1:54.24 (28.69)		
2 Pietrantonio, Anna	SR	Maret School	2:00.43	1:57.86	17
27.94	57.47 (29.53)	1:27.78 (30.31)	1:57.86 (30.08)		
3 Kelly, Grace	SR	Bishop McNamara High School	1:56.79	1:59.16	16
28.46	58.48 (30.02)	1:28.77 (30.29)	1:59.16 (30.39)		
4 Ladas, Joanna M	SR	St. John's College High School	1:57.78	1:59.25	15
28.07	58.32 (30.25)	1:29.12 (30.80)	1:59.25 (30.13)		
5 Kolanowski, Anna	FR	Good Counsel	1:59.87	1:59.36	14
27.80	58.57 (30.77)	1:28.83 (30.26)	1:59.36 (30.53)		
6 Merley, Caitlin M	10	NATIONAL CATHEDRAL/W	2:01.06	1:59.97	13
28.42	58.96 (30.54)	1:29.86 (30.90)	1:59.97 (30.11)		
7 Dinn, Celia R	SO	Academy of the Holy Cross	1:59.89	2:00.13	12
28.27	58.71 (30.44)	1:29.36 (30.65)	2:00.13 (30.77)		
8 Martinko, Jordan	FR	Good Counsel	1:59.88	2:02.16	11
28.79	59.86 (31.07)	1:31.38 (31.52)	2:02.16 (30.78)		
9 Kincaid, Stephanie	SO	Good Counsel	2:03.75	2:03.64	9
29.25	1:00.78 (31.53)	1:32.68 (31.90)	2:03.64 (30.96)		

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 4 Women 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
10 Popera, Ashleigh		Connelly School of Holy Child	2:05.45	2:03.66	7
29.09	1:00.46 (31.37)	1:32.26 (31.80)	2:03.66 (31.40)		
11 Pankratz, Sarah E	JR	St. John's College High School	2:01.42	2:03.87	6
28.55	59.79 (31.24)	1:31.88 (32.09)	2:03.87 (31.99)		
12 Callahan, Bridget K	SO	Academy of the Holy Cross	2:03.79	2:05.15	5
29.11	1:00.52 (31.41)	1:33.00 (32.48)	2:05.15 (32.15)		
13 Cohen, Nina A	FR	The Holton-Arms School	2:05.88	2:05.17	4
28.34	1:00.03 (31.69)	1:32.48 (32.45)	2:05.17 (32.69)		
14 James, Moira	JR	Good Counsel	2:06.28	2:05.37	3
29.62	1:00.93 (31.31)	1:33.32 (32.39)	2:05.37 (32.05)		
15 Lin, Lisa	SR	The Holton-Arms School	2:06.38	2:08.10	2
28.94	1:01.40 (32.46)	1:34.89 (33.49)	2:08.10 (33.21)		
16 Erickson, Mellissa M	SR	Academy of the Holy Cross	2:05.11	2:08.34	1
29.72	1:01.94 (32.22)	1:35.17 (33.23)	2:08.34 (33.17)		
17 Murray, Jean		Sidwell Friends School	2:11.68	2:09.16	
29.85	1:02.81 (32.96)	1:36.08 (33.27)	2:09.16 (33.08)		
18 McGinley, Bridget M	SR	Bishop O'Connell High School	2:11.00	2:11.01	
30.37	1:03.85 (33.48)	1:37.45 (33.60)	2:11.01 (33.56)		
19 McCormick, Megan	JR	Georgetown Visitation	2:13.11	2:13.34	
29.80	1:03.19 (33.39)	1:37.69 (34.50)	2:13.34 (35.65)		
20 Huizinga, Milly	JR	The Holton-Arms School	2:09.66	2:13.45	
29.30	1:02.67 (33.37)	1:38.00 (35.33)	2:13.45 (35.45)		
21 Jacome, Sabrina N	JR	St. John's College High School	2:12.55	2:14.47	
31.01	1:04.94 (33.93)	1:39.45 (34.51)	2:14.47 (35.02)		
22 Dahut, Maddie	SO	The Bullis School	2:20.33	2:15.97	
32.53	1:08.63 (36.10)	1:43.21 (34.58)	2:15.97 (32.76)		
23 Warner, Madeline	SO	St. John's College High School	2:17.37	2:18.54	
32.77	1:07.47 (34.70)	1:42.62 (35.15)	2:18.54 (35.92)		
24 Duesterhaus, Emily R	SR	Bishop O'Connell High School	2:17.18	2:19.29	
32.32	1:08.21 (35.89)	1:43.82 (35.61)	2:19.29 (35.47)		
25 Rozanski, Megan	SR	Elizabeth Seton High School	2:25.88	2:20.37	
32.05	1:07.52 (35.47)	1:44.81 (37.29)	2:20.37 (35.56)		
26 Pressel, Anastasia M	FR	Stone Ridge	2:22.56	2:22.01	
32.35	1:08.31 (35.96)	1:45.94 (37.63)	2:22.01 (36.07)		
27 Perkins, Claire	JR	Georgetown Visitation	2:14.15	2:22.70	
32.25	1:07.41 (35.16)	1:45.25 (37.84)	2:22.70 (37.45)		
28 Harnischfeger, Fiona		Sidwell Friends School	2:20.44	2:23.15	
33.08	1:09.47 (36.39)	1:46.92 (37.45)	2:23.15 (36.23)		
29 Tennis, Maddy	SR	The Holton-Arms School	2:16.87	2:23.89	
31.27	1:07.87 (36.60)	1:45.17 (37.30)	2:23.89 (38.72)		
30 Timreck, Sarah A	10	NATIONAL CATHEDRAL/W	2:33.93	2:25.36	
32.51	1:10.27 (37.76)	1:49.06 (38.79)	2:25.36 (36.30)		
31 Davis, Jenny	SO	Bishop O'Connell High School	NT	2:27.65	
31.64	1:08.59 (36.95)	1:47.91 (39.32)	2:27.65 (39.74)		
32 Brown, Maddie		Connelly School of Holy Child	2:22.85	2:29.09	
34.08	1:11.24 (37.16)	1:50.30 (39.06)	2:29.09 (38.79)		
33 Conner, Erin	SR	Bishop O'Connell High School	2:22.73	2:34.58	
34.09	1:12.78 (38.69)	1:54.06 (41.28)	2:34.58 (40.52)		
34 Coyne, Virginia S	JR	Stone Ridge	2:32.25	2:34.64	
35.57	1:15.24 (39.67)	1:56.13 (40.89)	2:34.64 (38.51)		
35 Howard, Lynne P	JR	The Bullis School	2:45.00	2:35.89	
34.18	1:12.38 (38.20)	1:53.53 (41.15)	2:35.89 (42.36)		
36 Denman, Devon	FR	Elizabeth Seton High School	2:42.98	2:36.32	
35.20	1:15.35 (40.15)	1:57.17 (41.82)	2:36.32 (39.15)		

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Name	Yr	School	Seed Time	Finals Time	Points
37 Otoo, Mary D	13	NATIONAL CATHEDRAL/W	2:39.15	2:37.03	
34.74	1:14.72 (39.98)	1:56.61 (41.89)	2:37.03 (40.42)		
38 Hess, Michelle	SO	Elizabeth Seton High School	2:41.60	2:38.45	
34.06	1:14.66 (40.60)	1:58.11 (43.45)	2:38.45 (40.34)		
39 Basanes, Maca	SO	Stone Ridge	2:38.02	2:40.04	
33.64	1:14.32 (40.68)	1:56.77 (42.45)	2:40.04 (43.27)		
40 Conley, Meghan A	SR	Stone Ridge	2:34.84	2:41.50	
34.77	1:16.33 (41.56)	1:59.49 (43.16)	2:41.50 (42.01)		
41 Overly, Mary		Connelly School of Holy Child	2:46.50	2:42.99	
34.84	1:15.42 (40.58)	1:59.94 (44.52)	2:42.99 (43.05)		
42 McGinley, Kathleen	JR	Bishop McNamara High School	2:28.47	2:48.85	
36.32	1:19.20 (42.88)	2:04.99 (45.79)	2:48.85 (43.86)		
43 Siegel, Emily	SR	The Bullis School	2:48.65	2:49.06	
37.85	1:21.59 (43.74)	2:08.16 (46.57)	2:49.06 (40.90)		
44 Benziger, Charlie		Connelly School of Holy Child	2:54.25	2:51.87	
38.30	1:20.44 (42.14)	2:05.34 (44.90)	2:51.87 (46.53)		
45 Auerbach, Jojo	JR	The Bullis School	3:01.34	3:10.05	
42.80	1:32.19 (49.39)	2:23.23 (51.04)	3:10.05 (46.82)		
46 Rivera, Ali	JR	Bishop McNamara High School	3:24.57	3:14.42	
42.36	1:31.95 (49.59)	2:22.41 (50.46)	3:14.42 (52.01)		
47 Driscoll, Sarah	SR	Bishop McNamara High School	2:29.21	3:32.48	
45.99	1:41.09 (55.10)	2:36.74 (55.65)	3:32.48 (55.74)		

**Event 6 Women 200 Yard IM**

**League Rec:** 2:03.85 \$ 1997 **Molly Freedman**  
**Meet Record:** 2:07.34 % 1999 **Molly Freedman**  
**Metros:** 2:26.09  
2:05.37 AAA  
2:07.60 AAC

Name	Yr	School	Seed Time	Finals Time	Points
1 Pietrantonio, Sofie	FR	Maret School	2:13.60	2:10.32	20
28.03	1:00.84 (32.81)	1:40.05 (39.21)	2:10.32 (30.27)		
2 Wilson, Amina C	JR	St. John's College High School	2:15.40	2:12.36	17
28.85	1:00.95 (32.10)	1:40.77 (39.82)	2:12.36 (31.59)		
3 Mills, Kaitlin	SR	Good Counsel	2:13.13	2:13.91	16
29.51	1:01.64 (32.13)	1:42.10 (40.46)	2:13.91 (31.81)		
4 Marsilii, Elena E	SO	Bishop O'Connell High School	2:14.70	2:17.35	15
30.72	1:06.01 (35.29)	1:47.31 (41.30)	2:17.35 (30.04)		
5 Gragnani, Karen	JR	Good Counsel	2:13.48	2:17.69	14
30.27	1:06.73 (36.46)	1:46.69 (39.96)	2:17.69 (31.00)		
6 Donahue, Kelsey A	SO	Academy of the Holy Cross	2:20.69	2:18.00	13
31.04	1:05.93 (34.89)	1:45.92 (39.99)	2:18.00 (32.08)		
7 Colevas, Sophia M	JR	St. John's College High School	2:20.21	2:19.96	12
30.74	1:05.69 (34.95)	1:47.37 (41.68)	2:19.96 (32.59)		
8 Cason, Molly P	SO	Academy of the Holy Cross	2:18.72	2:19.97	11
31.66	1:09.37 (37.71)	1:48.09 (38.72)	2:19.97 (31.88)		
9 Schipani, Jessica	FR	Academy of the Holy Cross	2:19.69	2:20.00	9
30.99	1:07.14 (36.15)	1:47.66 (40.52)	2:20.00 (32.34)		
10 Gathright, Jenny	SO	The Holton-Arms School	2:20.25	2:21.23	7
31.43	1:07.57 (36.14)	1:49.33 (41.76)	2:21.23 (31.90)		
11 Ferraro, Carmen	SR	The Holton-Arms School	2:23.11	2:23.13	6
31.62	1:08.66 (37.04)	1:51.43 (42.77)	2:23.13 (31.70)		
12 Overly, Catherine		Connelly School of Holy Child	2:27.34	2:23.72	5
30.77	1:08.67 (37.90)	1:50.81 (42.14)	2:23.72 (32.91)		

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Name	Yr	School	Seed Time	Finals Time	Points
13 Colevas, Alexandra A	JR	St. John's College High School	2:27.75	2:24.82	4
31.90	1:08.56 (36.66)	1:52.08 (43.52)	2:24.82 (32.74)		
14 Rivera, Julia	SR	Good Counsel	2:19.57	2:26.53	3
31.30	1:10.82 (39.52)	1:51.49 (40.67)	2:26.53 (35.04)		
15 Lamb, Heather		Connelly School of Holy Child	2:28.67	2:28.38	2
31.89	1:08.70 (36.81)	1:56.03 (47.33)	2:28.38 (32.35)		
16 Murray, Mary Claire	FR	Good Counsel	2:28.76	2:29.47	1
31.40	1:10.62 (39.22)	1:54.48 (43.86)	2:29.47 (34.99)		
17 Allen, Sarah	FR	Georgetown Visitation	2:25.95	2:29.79	
30.89	1:08.08 (37.19)	1:55.05 (46.97)	2:29.79 (34.74)		
18 Kronfli, Natalie K	FR	Stone Ridge	2:26.78	2:30.01	
33.21	1:13.11 (39.90)	1:54.75 (41.64)	2:30.01 (35.26)		
19 Cason, Mallory L	SR	Academy of the Holy Cross	2:26.12	2:30.16	
33.69	1:11.80 (38.11)	1:55.04 (43.24)	2:30.16 (35.12)		
20 Gordon, Haley	SO	The Holton-Arms School	2:29.04	2:31.68	
32.06	1:11.58 (39.52)	1:56.66 (45.08)	2:31.68 (35.02)		
21 Robison, Mary Ann	JR	The Holton-Arms School	2:34.28	2:33.53	
33.52	1:13.86 (40.34)	1:57.65 (43.79)	2:33.53 (35.88)		
22 Baker, Sophia M	FR	St. John's College High School	2:32.36	2:34.22	
34.58	1:13.64 (39.06)	1:57.92 (44.28)	2:34.22 (36.30)		
23 Funsten, Anna	JR	The Bullis School	2:35.24	2:35.71	
34.15	1:13.67 (39.52)	1:59.52 (45.85)	2:35.71 (36.19)		
24 Springer, Jessica		Sidwell Friends School	2:40.54	2:36.69	
34.48	1:14.63 (40.15)	2:01.95 (47.32)	2:36.69 (34.74)		
25 Joaquin, Phoebe	JR	Georgetown Visitation	2:37.82	2:36.81	
33.11	1:14.63 (41.52)	2:01.56 (46.93)	2:36.81 (35.25)		
26 Aubry, Christine	FR	Bishop O'Connell High School	2:38.65	2:37.54	
33.68	1:15.41 (41.73)	2:02.53 (47.12)	2:37.54 (35.01)		
27 Young, Lisa M	SO	Bishop O'Connell High School	2:37.80	2:42.58	
35.34	1:17.54 (42.20)	2:05.13 (47.59)	2:42.58 (37.45)		
28 Meissel, Natalie	JR	Elizabeth Seton High School	2:43.44	2:45.94	
35.24	1:15.66 (40.42)	2:06.11 (50.45)	2:45.94 (39.83)		
29 Murphy, Avery	10	NATIONAL CATHEDRAL/W	2:47.56	2:50.35	
37.96	1:21.74 (43.78)	2:11.62 (49.88)	2:50.35 (38.73)		
30 DeGeorges, Maddie	JR	Bishop O'Connell High School	2:48.82	2:50.73	
38.43	1:22.83 (44.40)	2:11.89 (49.06)	2:50.73 (38.84)		
31 McCormick, Kate		Connelly School of Holy Child	2:47.71	2:51.55	
37.57	1:21.06 (43.49)	2:10.39 (49.33)	2:51.55 (41.16)		
32 Hayes, Kelcy	FR	Elizabeth Seton High School	2:50.39	2:53.07	
37.18	1:20.98 (43.80)	2:13.51 (52.53)	2:53.07 (39.56)		
33 Otoo, Mary D	13	NATIONAL CATHEDRAL/W	2:54.28	2:53.33	
38.60	1:27.09 (48.49)	2:14.16 (47.07)	2:53.33 (39.17)		
34 Garcia, Angela	SO	Elizabeth Seton High School	2:57.32	2:56.23	
38.87	1:23.28 (44.41)	2:14.78 (51.50)	2:56.23 (41.45)		
35 Kale, Erin		Connelly School of Holy Child	2:58.83	2:58.02	
37.55	1:24.82 (47.27)	2:16.33 (51.51)	2:58.02 (41.69)		
36 Bolden, Courtney	FR	Maret School	2:58.01	2:58.32	
35.82	1:15.58 (39.76)	2:15.32 (59.74)	2:58.32 (43.00)		
37 Mendelson, Olivia	SO	Maret School	3:07.29	3:01.91	
38.17	1:24.70 (46.53)	2:16.15 (51.45)	3:01.91 (45.76)		
38 O'Connor-Grant, Kasya	SO	Maret School	3:19.23	3:14.24	
43.19		2:28.30 ( )	3:14.24 (45.94)		

## 2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010

## Results - Women's Timed Finals

## Event 8 Women 50 Yard Freestyle

League Rec: 23.27 \$ 2007  
 Meet Record: 23.95 % 1995  
 Metros: 26.59  
 23.81 AAA  
 24.12 AAC

Megan Waters  
 Elizabeth Kemp

Name	Yr	School	Seed Time	Finals Time	Points
1 Ferguson, Ashleigh E	SO	Academy of the Holy Cross	24.88	24.88	20
2 Whyte, Morgan	SO	St. John's College High School	24.47	24.90	17
3 Mulquin, Catherine	FR	Good Counsel	25.05	25.24	16
4 Barber, Amanda	JR	Bishop McNamara High School	25.43	25.27	15
5 Haase, Sarah	SO	Good Counsel	23.78	25.39	14
6 Gentry, Marissa M	JR	St. John's College High School	25.79	25.43	13
7 Dailey, Morgan	JR	Good Counsel	25.76	25.60	12
8 Hicks, Taylor	FR	Maret School	25.63	25.78	11
9 Slater, Bridgette		Sidwell Friends School	25.81	25.87	9
10 Epstein, Anna		Sidwell Friends School	26.62	25.92	7
11 Orme, Nicole	13	NATIONAL CATHEDRAL/W	26.07	26.08	6
12 Hondros, Julia M	SR	Academy of the Holy Cross	26.55	26.28	5
13 Poon, Alex	SR	The Holton-Arms School	25.99	26.55	4
14 Heffernan, Katie	SR	Georgetown Visitation	26.50	26.58	3
15 Considine, Nora	JR	Good Counsel	25.08	26.66	2
16 Umberger, Ryan L	JR	Bishop O'Connell High School	26.21	26.73	1
17 Kameron, Haley C	JR	Stone Ridge	26.84	26.83	
18 Smith, Maddie	SR	The Holton-Arms School	27.08	26.86	
19 Carey, Ellen	SO	The Holton-Arms School	27.95	27.08	
*20 Frech, Jessie		Connelly School of Holy Child	27.03	27.16	
*20 Murphy, Cara	12	NATIONAL CATHEDRAL/W	27.86	27.16	
22 Gray, Megan	FR	Georgetown Visitation	26.72	27.19	
23 Terr, Ashley	SR	The Bullis School	27.12	27.38	
24 Bourne, Madeleine	JR	Bishop O'Connell High School	27.48	27.42	
25 Brown, Claire	JR	Maret School	27.21	27.43	
*26 Foley, Maddie	SR	The Holton-Arms School	27.18	27.51	
*26 Ness, Stephanie R	SR	Academy of the Holy Cross	27.20	27.51	
28 Finnell, Bridget	FR	Georgetown Visitation	27.62	27.74	
29 Trujillo-Lederer, Bella I	FR	Stone Ridge	27.73	27.85	
30 Young, Katherine A	SR	Bishop O'Connell High School	27.78	28.20	
31 Osborne, Kara G	FR	St. John's College High School	28.34	28.25	
32 Kilgallin, Elizabeth J	SR	Bishop O'Connell High School	26.92	28.37	
33 Rourke, Carmela	JR	Bishop McNamara High School	27.96	28.70	
34 Pitney, Louisa		Sidwell Friends School	26.89	28.77	
35 Gardella, Casey		Connelly School of Holy Child	27.97	28.94	
36 Hunter, Madeleine	12	NATIONAL CATHEDRAL/W	28.71	29.00	
37 Claro, Monica O	JR	St. John's College High School	NT	29.14	
38 Howell, Julia	FR	Elizabeth Seton High School	29.18	29.53	
39 Clagett, Natalie	SR	Elizabeth Seton High School	28.09	29.62	
40 Raffensperger, Lauren		Connelly School of Holy Child	29.41	29.84	
41 Downing, Hanna	FR	Maret School	NT	30.28	
42 Pickar, Crystal	SR	The Bullis School	29.91	30.46	
43 Garvis, Michelle	JR	Elizabeth Seton High School	30.90	31.06	
44 Calder, Katie F	SO	The Bullis School	34.32	31.17	
45 Howell, Maris	JR	Elizabeth Seton High School	33.71	31.26	
46 Sneeringer, Tess	SR	Maret School	31.84	32.19	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 8 Women 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
47 Slaughter, Kelsey	10	NATIONAL CATHEDRAL/W	34.30	32.27	
48 Lapeyre, Segolene C	SR	Stone Ridge	NT	32.43	
49 Gonzalez, Eva	SO	Bishop McNamara High School	31.60	32.93	
50 Magruder, Emily	FR	Bishop McNamara High School	33.38	32.96	
51 McGovern, Kerry	SR	The Bullis School	33.03	33.33	
52 Robin, Ariana		Sidwell Friends School	33.93	34.63	
53 Chairamonte, Colleen		Connelly School of Holy Child	44.76	39.09	

**Event 12 Women 100 Yard Butterfly**

<b>League Rec:</b>	<b>55.18</b>	<b>\$</b>	<b>1997</b>	<b>Molly Freedman</b>
<b>Meet Record:</b>	<b>57.01</b>	<b>%</b>	<b>2000</b>	<b>Jessica Brosch</b>
<b>Metros:</b>	<b>1:07.09</b>			
	<b>56.57</b>	<b>AAA</b>		
	<b>57.50</b>	<b>AAC</b>		

Name	Yr	School	Seed Time	Finals Time	Points
1 Pietrantonio, Sofie	FR	Maret School	59.75	58.54	20
27.73		58.54 (30.81)			
2 Epstein, Anna		Sidwell Friends School	1:00.91	59.81	17
28.08		59.81 (31.73)			
3 Kolanowski, Anna	FR	Good Counsel	1:00.75	1:00.42	16
28.47		1:00.42 (31.95)			
4 Hicks, Taylor	FR	Maret School	1:02.81	1:00.77	15
29.02		1:00.77 (31.75)			
5 Dinn, Celia R	SO	Academy of the Holy Cross	1:01.20	1:01.02	14
28.91		1:01.02 (32.11)			
6 Considine, Nora	JR	Good Counsel	59.84	1:01.71	13
28.82		1:01.71 (32.89)			
7 Hondros, Julia M	SR	Academy of the Holy Cross	1:02.58	1:02.23	12
29.73		1:02.23 (32.50)			
8 Wainer, Nicolle	JR	The Holton-Arms School	1:04.92	1:04.95	11
30.89		1:04.95 (34.06)			
9 Fowler, Laura	JR	Good Counsel	1:03.92	1:05.15	9
30.45		1:05.15 (34.70)			
10 Luigard, Emma	SO	Elizabeth Seton High School	1:04.69	1:05.44	7
30.74		1:05.44 (34.70)			
11 Jacome, Sabrina N	JR	St. John's College High School	1:04.71	1:05.60	6
31.28		1:05.60 (34.32)			
12 Lindlaw, Casey	JR	Georgetown Visitation	1:05.22	1:05.91	5
30.73		1:05.91 (35.18)			
13 Overly, Catherine		Connelly School of Holy Child	1:05.35	1:06.33	4
31.06		1:06.33 (35.27)			
14 Fox, Paige	JR	Good Counsel	1:04.72	1:06.83	3
31.46		1:06.83 (35.37)			
15 Lamb, Heather		Connelly School of Holy Child	1:07.49	1:07.15	2
32.83		1:07.15 (34.32)			
16 Allen, Sarah	FR	Georgetown Visitation	1:06.06	1:07.34	1
31.01		1:07.34 (36.33)			
17 Erfani, Yassaman J	FR	The Holton-Arms School	1:07.48	1:07.80	
32.13		1:07.80 (35.67)			
18 Vaughan, Maggie M	JR	Academy of the Holy Cross	1:07.27	1:07.86	
32.01		1:07.86 (35.85)			
19 Jacome, Natasha M	FR	St. John's College High School	1:08.52	1:08.27	
31.83		1:08.27 (36.44)			

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 12 Women 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
20 Timreck, Sarah A 32.36	10	NATIONAL CATHEDRAL/W	1:09.49	1:09.10	
				1:09.10 (36.74)	
21 Gordon, Haley 32.10	SO	The Holton-Arms School	1:07.72	1:09.36	
				1:09.36 (37.26)	
22 Osborne, Kara G 32.65	FR	St. John's College High School	1:10.95	1:09.75	
				1:09.75 (37.10)	
23 Aubry, Christine 32.66	FR	Bishop O'Connell High School	1:10.97	1:10.53	
				1:10.53 (37.87)	
24 Heffernan, Katie 32.26	SR	Georgetown Visitation	1:07.77	1:10.55	
				1:10.55 (38.29)	
25 Kelshaw, Trisha 32.52	SR	Elizabeth Seton High School	1:10.50	1:10.72	
				1:10.72 (38.20)	
26 Young, Katherine A 32.09	SR	Bishop O'Connell High School	1:12.02	1:10.87	
				1:10.87 (38.78)	
27 Pinero, Julie 32.17	10	NATIONAL CATHEDRAL/W	1:14.02	1:11.16	
				1:11.16 (38.99)	
28 Carey, Bridgid E 33.44	FR	Stone Ridge	1:10.10	1:11.29	
				1:11.29 (37.85)	
29 London, Jana 33.67	SR	Maret School	1:13.05	1:12.43	
				1:12.43 (38.76)	
30 Keefer, Katie 33.80	JR	The Holton-Arms School	NT	1:12.89	
				1:12.89 (39.09)	
31 Gigot, Carolyn 34.07	12	NATIONAL CATHEDRAL/W	1:14.29	1:15.33	
				1:15.33 (41.26)	
32 Young, Lisa M 35.29	SO	Bishop O'Connell High School	1:14.64	1:17.14	
				1:17.14 (41.85)	
33 Welch, Shannon 36.19		Sidwell Friends School	1:17.07	1:18.60	
				1:18.60 (42.41)	
34 Ruocco, Carolyn P 36.30	SR	Stone Ridge	1:21.75	1:21.10	
				1:21.10 (44.80)	
35 Galloway, Elyse N 35.35	SR	Stone Ridge	1:23.23	1:24.11	
				1:24.11 (48.76)	
36 Richardson, Anna 36.67	FR	Elizabeth Seton High School	1:27.75	1:26.65	
				1:26.65 (49.98)	
37 Hagan-Gates, Virginia 39.89	SR	Bishop O'Connell High School	1:25.14	1:27.56	
				1:27.56 (47.67)	
38 Gonzalez, Eva 36.72	SO	Bishop McNamara High School	1:28.76	1:27.73	
				1:27.73 (51.01)	
39 Rivera, Ali 44.49	JR	Bishop McNamara High School	1:45.86	1:41.10	
				1:41.10 (56.61)	
40 Kohlman, Jessie 46.05	SO	Maret School	1:38.87	1:44.17	
				1:44.17 (58.12)	
--- Pongrace, Sarah 41.64		Sidwell Friends School	NT	DQ	
				DQ (51.57)	

**Event 14 Women 100 Yard Freestyle**

**League Rec:** 50.36 \$ 2007 Megan Waters  
**Meet Record:** 51.44 % 2006 Elizabeth Kemp  
**Metros:** 58.69  
 51.62 AAA  
 52.39 AAC

Name	Yr	School	Seed Time	Finals Time	Points
1 Rholl, Christine E 25.71	10	NATIONAL CATHEDRAL/W	54.56	54.73	20
				54.73 (29.02)	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 14 Women 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
2	Mulquin, Catherine 26.50	FR	Good Counsel	54.42	55.10	17
				55.10 (28.60)		
3	Gentry, Marissa M 26.30	JR	St. John's College High School	55.34	55.23	16
				55.23 (28.93)		
4	Kelly, Grace 27.31	SR	Bishop McNamara High School	54.74	55.82	15
				55.82 (28.51)		
5	Whyte, Morgan 26.68	SO	St. John's College High School	55.87	56.11	14
				56.11 (29.43)		
6	Dailey, Morgan 27.10	JR	Good Counsel	58.21	57.20	13
				57.20 (30.10)		
7	Martinko, Jordan 27.73	FR	Good Counsel	55.48	57.22	12
				57.22 (29.49)		
8	Cohen, Nina A 27.13	FR	The Holton-Arms School	57.44	57.41	11
				57.41 (30.28)		
9	Cleary, Katherine 27.42	FR	Good Counsel	58.76	57.96	9
				57.96 (30.54)		
10	Umberger, Ryan L 27.63	JR	Bishop O'Connell High School	58.38	58.06	7
				58.06 (30.43)		
11	Lin, Lisa 27.93	SR	The Holton-Arms School	58.51	58.33	6
				58.33 (30.40)		
12	Slater, Bridgette 28.40		Sidwell Friends School	58.36	58.90	5
				58.90 (30.50)		
13	Ferraro, Carmen 28.62	SR	The Holton-Arms School	59.98	59.09	4
				59.09 (30.47)		
14	Smith, Maddie 28.39	SR	The Holton-Arms School	1:00.25	59.26	3
				59.26 (30.87)		
15	Williams, Lacey 28.51	12	NATIONAL CATHEDRAL/W	59.11	59.59	2
				59.59 (31.08)		
16	Kammerer, Melina 28.70	12	NATIONAL CATHEDRAL/W	1:00.40	59.92	1
				59.92 (31.22)		
17	Murphy, Cara 29.25	12	NATIONAL CATHEDRAL/W	1:01.17	1:00.34	
				1:00.34 (31.09)		
18	Neumann, Katie M 29.31	SR	St. John's College High School	1:04.69	1:00.70	
				1:00.70 (31.39)		
19	Gillis, Katy 29.15	SO	Academy of the Holy Cross	1:01.06	1:01.00	
				1:01.00 (31.85)		
20	Gardella, Casey 30.33		Connelly School of Holy Child	1:03.30	1:01.70	
				1:01.70 (31.37)		
21	Bourne, Madeleine 29.62	JR	Bishop O'Connell High School	1:02.17	1:02.42	
				1:02.42 (32.80)		
22	Terr, Ashley 30.04	SR	The Bullis School	1:02.41	1:03.01	
				1:03.01 (32.97)		
23	Hogan, Anne 30.27	SO	St. John's College High School	1:04.66	1:03.06	
				1:03.06 (32.79)		
24	Ness, Stephanie R 29.70	SR	Academy of the Holy Cross	1:02.52	1:03.08	
				1:03.08 (33.38)		
25	Frech, Jessie 30.99		Connelly School of Holy Child	1:03.63	1:03.19	
				1:03.19 (32.20)		
26	Patalita, Elizabeth 29.72	JR	Georgetown Visitation	1:01.34	1:03.73	
				1:03.73 (34.01)		
27	Fernandez, Marlana 30.91	SO	Bishop O'Connell High School	1:01.84	1:04.32	
				1:04.32 (33.41)		
28	Kleess, Annabel M 30.77	SR	Stone Ridge	1:03.58	1:04.50	
				1:04.50 (33.73)		

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 14 Women 100 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
29 Finnell, Bridget	FR	Georgetown Visitation	1:00.50	1:04.64	
29.64				1:04.64 (35.00)	
30 Pitney, Louisa		Sidwell Friends School	1:01.22	1:04.95	
31.14				1:04.95 (33.81)	
31 Clagett, Natalie	SR	Elizabeth Seton High School	1:02.75	1:05.31	
30.38				1:05.31 (34.93)	
32 Brown, Maddie		Connelly School of Holy Child	1:04.59	1:05.96	
31.18				1:05.96 (34.78)	
33 Plaine, Meredith A	JR	Stone Ridge	1:06.16	1:05.97	
31.29				1:05.97 (34.68)	
34 Mellor, Sarah		Sidwell Friends School	1:05.52	1:06.14	
31.23				1:06.14 (34.91)	
35 Falcone, Gina	SO	Georgetown Visitation	1:02.56	1:06.23	
30.27				1:06.23 (35.96)	
36 Mulroy, Julia	FR	Maret School	1:08.05	1:06.70	
31.23				1:06.70 (35.47)	
37 Aubry, Meghan	SR	Bishop O'Connell High School	1:01.80	1:07.14	
31.72				1:07.14 (35.42)	
38 Garcia, Angela	SO	Elizabeth Seton High School	1:10.09	1:10.02	
32.55				1:10.02 (37.47)	
39 Raffensperger, Lauren		Connelly School of Holy Child	1:08.75	1:10.05	
33.80				1:10.05 (36.25)	
40 Howell, Julia	FR	Elizabeth Seton High School	1:06.50	1:10.15	
32.96				1:10.15 (37.19)	
41 Downing, Hanna	FR	Maret School	1:15.02	1:10.25	
33.78				1:10.25 (36.47)	
42 Herrick, Leah	JR	The Bullis School	1:13.27	1:10.64	
32.90				1:10.64 (37.74)	
43 Mudge, Lilly	SO	Maret School	1:14.21	1:11.83	
33.47				1:11.83 (38.36)	
44 McCandlish, Georgia		Sidwell Friends School	1:12.70	1:11.99	
34.17				1:11.99 (37.82)	
45 Hess, Michelle	SO	Elizabeth Seton High School	1:11.60	1:13.11	
34.28				1:13.11 (38.83)	
46 Gouldman, Casey	JR	Bishop McNamara High School	NT	1:16.32	
35.58				1:16.32 (40.74)	
47 Pickering, Lauren	SR	Bishop McNamara High School	1:19.10	1:18.93	
38.03				1:18.93 (40.90)	
48 Stubbs, Christine	JR	Bishop McNamara High School	1:15.25	1:20.72	
39.00				1:20.72 (41.72)	
49 Auerbach, Jojo	JR	The Bullis School	1:19.19	1:21.03	
37.58				1:21.03 (43.45)	
50 Sneeringer, Tess	SR	Maret School	NT	1:21.94	
36.19				1:21.94 (45.75)	
51 Gleason, Chelsea	SR	The Bullis School	NT	1:25.31	
38.53				1:25.31 (46.78)	

## 2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010

## Results - Women's Timed Finals

## Event 16 Women 500 Yard Freestyle

League Rec: 4:33.35 \$ 2006 Kate Ziegler  
 Meet Record: 4:44.90 % 2004 Kate Ziegler  
 Metros: 5:47.99  
 4:57.24 AAA  
 5:02.19 AAC

Name	Yr	School	Seed Time	Finals Time	Points
1 Rogers, Katie L	JR	Academy of the Holy Cross	5:01.88	4:57.78 AAC	20
27.92	57.43 (29.51)	1:27.18 (29.75)	1:56.90 (29.72)		
2:26.97 (30.07)	2:57.30 (30.33)	3:27.32 (30.02)	3:57.78 (30.46)		
4:28.35 (30.57)	4:57.78 (29.43)				
2 Pietrantonio, Anna	SR	Maret School	5:19.16	5:11.35	17
28.57	59.03 (30.46)	1:29.94 (30.91)	2:01.61 (31.67)		
2:33.18 (31.57)	3:04.87 (31.69)	3:36.92 (32.05)	4:08.69 (31.77)		
4:40.64 (31.95)	5:11.35 (30.71)				
3 Marsilli, Elena E	SO	Bishop O'Connell High School	5:08.40	5:11.43	16
28.25	59.40 (31.15)	1:30.77 (31.37)	2:02.50 (31.73)		
2:34.33 (31.83)	3:06.43 (32.10)	3:38.29 (31.86)	4:09.94 (31.65)		
4:41.34 (31.40)	5:11.43 (30.09)				
4 Ladas, Joanna M	SR	St. John's College High School	5:11.84	5:13.29	15
28.91	1:00.11 (31.20)	1:31.61 (31.50)	2:03.16 (31.55)		
2:34.70 (31.54)	3:06.59 (31.89)	3:38.47 (31.88)	4:10.39 (31.92)		
4:42.37 (31.98)	5:13.29 (30.92)				
5 Merley, Caitlin M	10	NATIONAL CATHEDRAL/W	5:26.92	5:20.86	14
29.02	1:00.69 (31.67)	1:33.06 (32.37)	2:05.49 (32.43)		
2:38.19 (32.70)	3:10.71 (32.52)	3:43.45 (32.74)	4:16.02 (32.57)		
4:48.92 (32.90)	5:20.86 (31.94)				
6 Pankratz, Sarah E	JR	St. John's College High School	5:26.19	5:21.78	13
29.34	1:01.12 (31.78)	1:33.83 (32.71)	2:06.74 (32.91)		
2:39.50 (32.76)	3:12.27 (32.77)	3:44.80 (32.53)	4:17.43 (32.63)		
4:50.11 (32.68)	5:21.78 (31.67)				
7 Gathright, Jenny	SO	The Holton-Arms School	5:23.75	5:28.00	12
28.97	1:01.41 (32.44)	1:34.64 (33.23)	2:07.75 (33.11)		
2:41.37 (33.62)	3:15.07 (33.70)	3:48.85 (33.78)	4:22.73 (33.88)		
4:56.28 (33.55)	5:28.00 (31.72)				
8 Kincaid, Stephanie	SO	Good Counsel	5:29.50	5:28.05	11
31.52	1:05.13 (33.61)	1:39.15 (34.02)	2:12.48 (33.33)		
2:44.95 (32.47)	3:17.63 (32.68)	3:49.99 (32.36)	4:22.74 (32.75)		
4:55.71 (32.97)	5:28.05 (32.34)				
9 Popera, Ashleigh		Connelly School of Holy Child	5:35.39	5:32.04	9
30.85	1:04.12 (33.27)	1:37.59 (33.47)	2:10.94 (33.35)		
2:43.98 (33.04)	3:17.53 (33.55)	3:50.81 (33.28)	4:24.84 (34.03)		
4:58.86 (34.02)	5:32.04 (33.18)				
10 Colevas, Alexandra A	JR	St. John's College High School	5:32.78	5:33.09	7
30.37	1:03.32 (32.95)	1:36.91 (33.59)	2:10.59 (33.68)		
2:44.66 (34.07)	3:18.38 (33.72)	3:52.31 (33.93)	4:26.53 (34.22)		
5:00.20 (33.67)	5:33.09 (32.89)				
11 Erickson, Mellissa M	SR	Academy of the Holy Cross	5:28.20	5:33.89	6
30.39	1:03.59 (33.20)	1:37.03 (33.44)	2:10.59 (33.56)		
2:44.36 (33.77)	3:18.00 (33.64)	3:51.59 (33.59)	4:25.67 (34.08)		
5:00.15 (34.48)	5:33.89 (33.74)				
12 Callahan, Bridget K	SO	Academy of the Holy Cross	5:31.93	5:36.26	5
30.78	1:04.55 (33.77)	1:38.60 (34.05)	2:12.41 (33.81)		
2:45.29 (32.88)	3:18.81 (33.52)	3:53.31 (34.50)	4:27.88 (34.57)		
5:02.13 (34.25)	5:36.26 (34.13)				

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 16 Women 500 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
13	Jacome, Natasha M	FR	St. John's College High School	5:41.87	5:40.32	4
	31.07			1:04.71 (33.64)	1:38.56 (33.85)	2:12.22 (33.66)
	2:46.40 (34.18)			3:21.60 (35.20)	3:57.01 (35.41)	4:32.82 (35.81)
	5:06.99 (34.17)			5:40.32 (33.33)		
14	Rhoades, Alex B	SO	Academy of the Holy Cross	5:42.02	5:40.35	3
	31.10			1:04.80 (33.70)	1:39.32 (34.52)	2:13.70 (34.38)
	2:48.01 (34.31)			3:22.81 (34.80)	3:57.80 (34.99)	4:32.22 (34.42)
	5:07.30 (35.08)			5:40.35 (33.05)		
15	Murray, Jean		Sidwell Friends School	5:48.10	5:45.48	2
	31.57			1:06.05 (34.48)	1:41.13 (35.08)	2:15.75 (34.62)
	2:50.71 (34.96)			3:25.80 (35.09)	4:01.09 (35.29)	4:36.08 (34.99)
	5:11.03 (34.95)			5:45.48 (34.45)		
16	Fox, Paige	JR	Good Counsel	NT	5:47.07	1
	31.37			1:05.59 (34.22)	1:40.91 (35.32)	2:16.32 (35.41)
	2:51.46 (35.14)			3:26.97 (35.51)	4:02.57 (35.60)	4:37.79 (35.22)
	5:12.91 (35.12)			5:47.07 (34.16)		
17	Wainer, Nicolle	JR	The Holton-Arms School	5:41.38	5:50.16	
	31.49			1:05.35 (33.86)	1:40.32 (34.97)	2:14.91 (34.59)
	2:50.51 (35.60)			3:26.33 (35.82)	4:01.99 (35.66)	4:38.29 (36.30)
	5:14.32 (36.03)			5:50.16 (35.84)		
18	McGinley, Bridget M	SR	Bishop O'Connell High School	5:50.13	5:50.86	
	32.06			1:07.16 (35.10)	1:41.63 (34.47)	2:17.21 (35.58)
	2:51.85 (34.64)			3:27.46 (35.61)	4:03.69 (36.23)	4:39.83 (36.14)
	5:16.12 (36.29)			5:50.86 (34.74)		
19	Fowler, Laura	JR	Good Counsel	5:58.42	5:52.81	
	31.81			1:06.70 (34.89)	1:41.79 (35.09)	2:17.51 (35.72)
	2:53.48 (35.97)			3:29.54 (36.06)	4:05.45 (35.91)	4:41.70 (36.25)
	5:17.62 (35.92)			5:52.81 (35.19)		
20	Huizinga, Milly	JR	The Holton-Arms School	5:43.66	5:58.73	
	31.35			1:06.53 (35.18)	1:42.38 (35.85)	2:18.68 (36.30)
	2:55.20 (36.52)			3:32.32 (37.12)	4:09.48 (37.16)	4:46.24 (36.76)
	5:23.13 (36.89)			5:58.73 (35.60)		
21	Murray, Mary Claire	FR	Good Counsel	5:52.32	5:58.86	
	32.36			1:07.89 (35.53)	1:44.61 (36.72)	2:20.63 (36.02)
	2:57.04 (36.41)			3:33.97 (36.93)	4:10.08 (36.11)	4:46.75 (36.67)
	5:22.89 (36.14)			5:58.86 (35.97)		
22	Nguyen, Emily		Connelly School of Holy Child	5:55.01	6:01.22	
	31.30			1:06.39 (35.09)	1:42.28 (35.89)	2:18.68 (36.40)
	2:55.56 (36.88)			3:32.49 (36.93)	4:10.13 (37.64)	4:47.10 (36.97)
	5:25.19 (38.09)			6:01.22 (36.03)		
23	Kelso, Anabel J	FR	The Holton-Arms School	6:11.09	6:17.80	
	32.44			1:09.05 (36.61)	1:46.53 (37.48)	2:24.66 (38.13)
	3:03.24 (38.58)			3:42.06 (38.82)	4:20.97 (38.91)	5:00.46 (39.49)
	5:40.06 (39.60)			6:17.80 (37.74)		
24	Harnischfeger, Fiona		Sidwell Friends School	6:13.62	6:18.70	
	32.81			1:10.85 (38.04)	1:49.26 (38.41)	2:27.61 (38.35)
	3:06.80 (39.19)			3:46.16 (39.36)	4:25.71 (39.55)	5:04.72 (39.01)
	5:42.38 (37.66)			6:18.70 (36.32)		
25	Pressel, Anastasia M	FR	Stone Ridge	6:11.49	6:29.57	
	33.80			1:12.02 (38.22)	1:51.38 (39.36)	2:30.77 (39.39)
	3:10.50 (39.73)			4:31.47 (1:20.97)		
	5:51.70 ( )			6:29.57 (37.87)		

## 2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010

## Results - Women's Timed Finals

## (Event 16 Women 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
26 Coyne, Virginia S	JR	Stone Ridge	6:35.04	6:39.11	
35.37	1:15.74 (40.37)	1:56.57 (40.83)	2:37.50 (40.93)		
3:18.55 (41.05)	3:59.81 (41.26)	4:40.56 (40.75)	5:21.55 (40.99)		
6:01.71 (40.16)	6:39.11 (37.40)				
27 Hurley, Claire	FR	Georgetown Visitation	6:34.13	6:53.45	
33.96	1:14.54 (40.58)	1:56.10 (41.56)	2:38.64 (42.54)		
3:21.49 (42.85)	4:04.67 (43.18)	4:47.66 (42.99)	5:30.13 (42.47)		
6:12.78 (42.65)	6:53.45 (40.67)				
28 McCaffery, Cate	JR	The Bullis School	7:01.73	6:58.39	
36.06	1:17.14 (41.08)	1:59.27 (42.13)	2:42.14 (42.87)		
3:25.29 (43.15)	4:08.78 (43.49)	4:52.73 (43.95)	5:36.27 (43.54)		
6:19.34 (43.07)	6:58.39 (39.05)				
29 Mix, Jessica	FR	Bishop O'Connell High School	7:06.53	6:58.46	
36.32	1:17.62 (41.30)	1:59.51 (41.89)	2:42.29 (42.78)		
3:25.36 (43.07)	4:08.71 (43.35)	4:52.24 (43.53)	5:35.89 (43.65)		
6:19.59 (43.70)	6:58.46 (38.87)				
30 Zakikhiu, Aryana	JR	Georgetown Visitation	6:53.19	7:01.55	
33.48	1:12.87 (39.39)	1:54.91 (42.04)	2:37.99 (43.08)		
3:21.59 (43.60)	4:05.73 (44.14)	4:50.08 (44.35)	5:34.74 (44.66)		
6:19.27 (44.53)	7:01.55 (42.28)				
31 Conner, Erin	SR	Bishop O'Connell High School	6:31.81	7:10.20	
34.25	1:13.83 (39.58)	1:55.66 (41.83)	2:38.93 (43.27)		
3:23.92 (44.99)	4:09.29 (45.37)	4:55.28 (45.99)	5:41.51 (46.23)		
6:26.90 (45.39)	7:10.20 (43.30)				
32 Potter, Meg		Connelly School of Holy Child	7:09.29	7:16.39	
38.22	1:20.83 (42.61)	2:05.37 (44.54)	2:50.30 (44.93)		
3:35.11 (44.81)	4:20.00 (44.89)	5:05.38 (45.38)	5:50.87 (45.49)		
6:35.26 (44.39)	7:16.39 (41.13)				
33 Kale, Erin		Connelly School of Holy Child	7:19.11	7:17.15	
38.18	1:21.25 (43.07)	2:06.02 (44.77)	2:50.98 (44.96)		
3:36.44 (45.46)	4:22.19 (45.75)	5:07.48 (45.29)	5:52.92 (45.44)		
6:38.34 (45.42)	7:17.15 (38.81)				
34 Hunter, Adele	11	NATIONAL CATHEDRAL/W	NT	7:31.42	
37.42	1:20.23 (42.81)	2:06.39 (46.16)	2:54.54 (48.15)		
3:41.38 (46.84)	4:28.39 (47.01)	5:15.30 (46.91)	6:01.99 (46.69)		
6:48.17 (46.18)	7:31.42 (43.25)				
35 Mammano, Celena	SR	Bishop McNamara High School	7:27.67	7:31.98	
1:21.35			2:51.71 ( )		
3:40.29 (48.58)	4:28.22 (47.93)	5:15.60 (47.38)	6:03.51 (47.91)		
6:50.53 (47.02)	7:31.98 (41.45)				
36 O'Connor-Grant, Marika	SR	Maret School	7:36.17	7:38.44	
37.23	1:20.91 (43.68)	7:38.44 (6:17.53)			
37 Siegel, Emily	SR	The Bullis School	7:43.97	7:46.93	
38.49	1:23.60 (45.11)	2:10.17 (46.57)	2:58.58 (48.41)		
3:47.21 (48.63)	4:36.58 (49.37)	5:26.67 (50.09)	6:15.58 (48.91)		
7:03.58 (48.00)	7:46.93 (43.35)				
38 Driscoll, Sarah	SR	Bishop McNamara High School	7:49.18	9:55.64	
47.90	1:45.27 (57.37)	2:46.04 (1:00.77)	3:48.65 (1:02.61)		
4:50.33 (1:01.68)	5:53.86 (1:03.53)	6:56.30 (1:02.44)	7:57.47 (1:01.17)		
8:56.89 (59.42)	9:55.64 (58.75)				

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****Event 18 Women 200 Yard Freestyle Relay**

**League Rec:** 1:36.63 \$ 2006 **Good Counsel**  
**Meet Record:** 1:39.85 % 2006 **Bishop O'Connell**  
**Metros:** 1:54.99  
1:38.14 AAA  
1:39.64 AAC

Team	Relay	Seed Time	Finals Time	Points
1 St. John's College High School	A	1:40.63	1:41.13	40
1) Wilson, Amina C JR	2) Whyte, Morgan SO	3) Ladas, Joanna M SR	4) Gentry, Marissa M JR	
25.17	49.70 (24.53)	1:15.66 (25.96)	1:41.13 (25.47)	
2 Academy of the Holy Cross	A	1:43.83	1:43.21	34
1) Hondros, Julia M SR	2) Schipani, Jessica FR	3) Dinn, Celia R SO	4) Rogers, Katie L JR	
26.03	52.16 (26.13)	1:18.53 (26.37)	1:43.21 (24.68)	
3 Good Counsel	A	1:36.63	1:43.99	32
1) Dailey, Morgan JR	2) Cleary, Katherine FR	3) Kolanowski, Anna FR	4) Considine, Nora JR	
26.13	52.27 (26.14)	1:17.58 (25.31)	1:43.99 (26.41)	
4 Sidwell Friends School	A	1:49.51	1:46.94	30
1) Murray, Jean	2) Pitney, Louisa	3) Epstein, Anna	4) Slater, Bridgette	
25.93	53.88 (27.95)	1:21.65 (27.77)	1:46.94 (25.29)	
5 Georgetown Visitation	A	1:47.56	1:47.36	28
1) Gray, Megan FR	2) McCormick, Megan JR	3) Allen, Sarah FR	4) Heffernan, Katie SR	
27.44	54.31 (26.87)	1:21.22 (26.91)	1:47.36 (26.14)	
6 The Holton-Arms School	A	1:46.24	1:47.37	26
1) Smith, Maddie SR	2) Ferraro, Carmen SR	3) Carey, Ellen SO	4) Poon, Alex SR	
26.85	53.95 (27.10)	1:20.71 (26.76)	1:47.37 (26.66)	
7 Connelly School of Holy Child	A	1:48.32	1:47.54	24
1) Overly, Catherine	2) Gardella, Casey	3) Frech, Jessie	4) Popera, Ashleigh	
27.37	54.59 (27.22)	1:21.12 (26.53)	1:47.54 (26.42)	
8 Bishop O'Connell High School	A	1:46.06	1:48.16	22
1) Marsilii, Elena E SO	2) Umberger, Ryan L JR	3) Kilgallin, Elizabeth J SR	4) Bourne, Madeleine JR	
26.81	52.99 (26.18)	1:20.76 (27.77)	1:48.16 (27.40)	
9 NATIONAL CATHEDRAL/W	A	1:47.56	1:48.70	18
1) Merley, Caitlin M 10	2) Kammerer, Melina 12	3) Hunter, Madeleine 12	4) Murphy, Cara 12	
27.58	54.73 (27.15)	1:23.07 (28.34)	1:48.70 (25.63)	
10 Bishop McNamara High School	A	1:44.10	1:51.60	14
1) Kelly, Grace SR	2) Bryant, Kristen	3) Rourke, Carmela JR	4) Barber, Amanda JR	
26.77	55.56 (28.79)	1:25.13 (29.57)	1:51.60 (26.47)	
11 Stone Ridge	A	1:50.32	1:55.33	12
1) Trujillo-Lederer, Bella I FR	2) Kronfli, Natalie K FR	3) Kleess, Annabel M SR	4) Conley, Meghan A SR	
28.15	56.62 (28.47)	1:25.50 (28.88)	1:55.33 (29.83)	
12 Elizabeth Seton High School	A	1:50.62	1:57.77	10
1) Kelshaw, Trisha SR	2) Hayes, Kelcy FR	3) Garcia, Angela SO	4) Meissel, Natalie JR	
28.35	56.60 (28.25)	1:27.38 (30.78)	1:57.77 (30.39)	
13 Maret School	A	1:56.51	1:58.14	8
1) Mulroy, Julia FR	2) Bolden, Courtney FR	3) Mudge, Lilly SO	4) London, Jana SR	
29.82	59.64 (29.82)	1:30.24 (30.60)	1:58.14 (27.90)	
14 The Bullis School	A	1:52.58	2:02.00	6
1) King, Meredith SR	2) Herrick, Leah JR	3) Lundelius, Tina JR	4) Pickar, Crystal SR	
31.31	1:01.24 (29.93)	1:32.02 (30.78)	2:02.00 (29.98)	
--- Good Counsel	B	NT	X1:48.82	
1) Fox, Paige JR	2) Martinko, Jordan FR	3) James, Moira JR	4) Gragnani, Karen JR	
27.99	55.10 (27.11)	1:22.31 (27.21)	1:48.82 (26.51)	
--- Georgetown Visitation	B	1:53.55	X1:55.51	
1) Falcone, Gina SO	2) Perkins, Claire JR	3) Joaquin, Phoebe JR	4) Finnell, Bridget FR	
30.24	59.35 (29.11)	1:27.68 (28.33)	1:55.51 (27.83)	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 18 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Bishop O'Connell High School	B	1:53.60	X1:55.53	
1) Fernandez, Marlena SO	2) Young, Katherine A SR	3) Young, Lisa M SO	4) Price, Emma FR	
28.91	57.35 (28.44)	1:26.31 (28.96)	1:55.53 (29.22)	
--- St. John's College High School	B	NT	X1:55.57	
1) Eloshway, Melissa B SO	2) Osborne, Kara G FR	3) Claro, Monica O JR	4) Warner, Madeline SO	
32.04	59.93 (27.89)	1:26.28 (26.35)	1:55.57 (29.29)	
--- The Holton-Arms School	B	2:05.34	X2:04.41	
1) Adelberg, Mackenzie FR	2) Meyerhoff, Sarah SR	3) Roberts, Kelsey JR	4) Spicer, Cassandra SR	
30.48	1:02.81 (32.33)	1:32.22 (29.41)	2:04.41 (32.19)	
--- Stone Ridge	B	1:57.69	X2:05.31	
1) Pressel, Anastasia M FR	2) Knapp, Katie C SR	3) Carey, Bridgid E FR	4) Lapeyre, Segolene C SR	
31.46	1:02.68 (31.22)	1:32.38 (29.70)	2:05.31 (32.93)	
--- Connelly School of Holy Child	B	NT	X2:16.11	
1) Brown, Maddie	2) Halprin, Juliet	3) Thomas, Katie	4) Dhallan, Sarah	
29.68	1:36.50 (1:06.82)	2:16.11 (39.61)		
--- The Bullis School	B	2:30.00	X2:17.60	
1) Calder, Katie F SO	2) Carroll, Chelsea SR	3) McGovern, Kerry SR	4) Siegel, Emily SR	
32.52	1:11.64 (39.12)	1:46.19 (34.55)	2:17.60 (31.41)	
--- Sidwell Friends School	B	NT	X2:20.14	
1) Ben-Veniste, Olivia	2) Robin, Ariana	3) Bristol, Hannah	4) Holland, Madeline	
36.24	1:17.99 (41.75)	2:20.14 (1:02.15)		
--- Bishop McNamara High School	B	NT	X2:24.91	
1) Gonzalez, Eva SO	2) Stubbs, Christine JR	3) Driscoll, Sarah SR	4) Magruder, Emily FR	
33.00	1:09.01 (36.01)	2:06.79 (57.78)	2:24.91 (18.12)	
--- Maret School	B	NT	X2:29.08	
1) Dawson, Olivia FR	2) Barnett, Evie SO	3) Lambert-Gittis, Emily SO	4) Barriteau, Kristi FR	
39.74	1:13.65 (33.91)	1:52.45 (38.80)	2:29.08 (36.63)	

**Event 20 Women 100 Yard Backstroke**

<b>League Rec:</b>	<b>56.56</b>	<b>\$ 2006</b>	<b>Kelli Kyle</b>
<b>Meet Record:</b>	<b>58.60</b>	<b>% 2009</b>	<b>Ashleigh Ferguson</b>
<b>Metros:</b>	<b>1:07.29</b>		
	<b>57.29</b>	<b>AAA</b>	
	<b>58.43</b>	<b>AAC</b>	

Name	Yr	School	Seed Time	Finals Time	Points
1 Ferguson, Ashleigh E	SO	Academy of the Holy Cross	58.96	58.40% AAC	20
28.59	58.40 (29.81)				
2 Mills, Kaitlin	SR	Good Counsel	57.98	58.52%	17
28.51	58.52 (30.01)				
3 Wilson, Amina C	JR	St. John's College High School	1:00.92	1:00.49	16
29.51	1:00.49 (30.98)				
4 Orme, Nicole	13	NATIONAL CATHEDRAL/W	1:02.48	1:01.66	15
29.99	1:01.66 (31.67)				
5 Rholl, Christine E	10	NATIONAL CATHEDRAL/W	1:03.29	1:02.17	14
30.07	1:02.17 (32.10)				
6 James, Moira	JR	Good Counsel	1:03.34	1:03.32	13
31.14	1:03.32 (32.18)				
7 Colevas, Sophia M	JR	St. John's College High School	1:07.19	1:05.45	12
32.71	1:05.45 (32.74)				
8 Donahue, Kelsey A	SO	Academy of the Holy Cross	1:06.87	1:05.49	11
32.29	1:05.49 (33.20)				
9 Gray, Megan	FR	Georgetown Visitation	1:05.64	1:07.71	9
32.48	1:07.71 (35.23)				

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 20 Women 100 Yard Backstroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
10	Neumann, Katie M 32.81	SR	St. John's College High School	1:07.86 1:07.89 (35.08)	1:07.89	7
11	Williams, Lacey 32.75	12	NATIONAL CATHEDRAL/W	1:07.49 1:08.29 (35.54)	1:08.29	6
12	Lindlaw, Casey 33.43	JR	Georgetown Visitation	1:08.01 1:08.42 (34.99)	1:08.42	5
13	McCormick, Megan 33.46	JR	Georgetown Visitation	1:07.42 1:08.66 (35.20)	1:08.66	4
14	Nguyen, Emily 34.00		Connelly School of Holy Child	1:08.84 1:08.73 (34.73)	1:08.73	3
15	Gillis, Katy 33.22	SO	Academy of the Holy Cross	1:08.34 1:08.81 (35.59)	1:08.81	2
16	Rhoades, Alex B 34.12	SO	Academy of the Holy Cross	1:10.33 1:09.95 (35.83)	1:09.95	1
17	Baker, Sophia M 35.10	FR	St. John's College High School	1:10.99 1:10.85 (35.75)	1:10.85	
18	Springer, Jessica 34.10		Sidwell Friends School	1:14.02 1:10.97 (36.87)	1:10.97	
19	Erfani, Yassaman J 34.69	FR	The Holton-Arms School	1:09.04 1:11.06 (36.37)	1:11.06	
20	Duesterhaus, Emily R 34.16	SR	Bishop O'Connell High School	1:08.47 1:11.30 (37.14)	1:11.30	
21	Sloter, Kelsey 35.45	SO	The Holton-Arms School	1:11.91 1:13.34 (37.89)	1:13.34	
22	McClurg, Alison M 35.16	SR	Elizabeth Seton High School	1:13.31 1:13.43 (38.27)	1:13.43	
23	Dahut, Maddie 35.99	SO	The Bullis School	1:15.25 1:14.11 (38.12)	1:14.11	
24	Warner, Mimi 36.04	SO	The Holton-Arms School	1:15.53 1:14.12 (38.08)	1:14.12	
25	Rozanski, Megan 35.24	SR	Elizabeth Seton High School	1:13.53 1:14.58 (39.34)	1:14.58	
26	Welch, Shannon 36.79		Sidwell Friends School	1:16.38 1:15.38 (38.59)	1:15.38	
27	Mulroy, Julia 35.82	FR	Maret School	1:14.76 1:15.75 (39.93)	1:15.75	
28	Knauf, Alyssa 36.55	FR	Bishop O'Connell High School	1:13.94 1:16.47 (39.92)	1:16.47	
29	Entwisle, Laura 37.15		Sidwell Friends School	1:16.15 1:16.59 (39.44)	1:16.59	
30	Aubry, Meghan 37.31	SR	Bishop O'Connell High School	1:13.02 1:16.75 (39.44)	1:16.75	
31	Bolden, Courtney	FR	Maret School	1:16.45	1:16.85	
32	Meissel, Natalie 37.26	JR	Elizabeth Seton High School	1:15.10 1:17.14 (39.88)	1:17.14	
33	Knapp, Katie C 37.21	SR	Stone Ridge	1:16.46 1:17.90 (40.69)	1:17.90	
34	Howard, Lynne P 37.07	JR	The Bullis School	1:23.15 1:18.49 (41.42)	1:18.49	
35	Cantizano, Sophia 38.45		Sidwell Friends School	1:23.20 1:18.76 (40.31)	1:18.76	
36	Pence, Emily 38.24	JR	The Holton-Arms School	1:22.60 1:19.44 (41.20)	1:19.44	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 20 Women 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
37 Plaine, Meredith A 38.61	JR	Stone Ridge	1:17.34	1:19.85	
				1:19.85 (41.24)	
38 Murphy, Avery 38.06	10	NATIONAL CATHEDRAL/W	1:18.26	1:20.17	
				1:20.17 (42.11)	
39 King, Meredith 39.61	SR	The Bullis School	1:18.63	1:20.60	
				1:20.60 (40.99)	
40 Hoyle, Brittany 39.32	JR	Bishop O'Connell High School	1:22.65	1:22.07	
				1:22.07 (42.75)	
41 Hayes, Kelcy 40.50	FR	Elizabeth Seton High School	1:19.15	1:25.03	
				1:25.03 (44.53)	
42 Richardson, Emily G 40.69	JR	Stone Ridge	1:24.76	1:27.42	
				1:27.42 (46.73)	
43 Kettler, Brooke 42.48	SR	Maret School	1:30.46	1:27.76	
				1:27.76 (45.28)	
44 Sobrino, Trisha 48.76		Connelly School of Holy Child	1:47.01	1:42.13	
				1:42.13 (53.37)	
45 Armington, Sophie 52.70	JR	Maret School	1:54.09	1:51.09	
				1:51.09 (58.39)	
--- Crocker, Kristina 47.94		Connelly School of Holy Child	NT	DQ	
				DQ (51.78)	

**Event 22 Women 100 Yard Breaststroke**League Rec: **1:01.56** \$ **2006** Colleen HaaseMeet Record: **1:03.31** % **2007** Colleen HaaseMetros: **1:14.79****1:05.03** AAA**1:06.28** AAC

Name	Yr	School	Seed Time	Finals Time	Points
1 Haase, Sarah 30.55	SO	Good Counsel	1:02.51	1:05.08	AAC 20
				1:05.08 (34.53)	
2 Cason, Molly P 33.41	SO	Academy of the Holy Cross	1:10.70	1:09.89	17
				1:09.89 (36.48)	
3 Rivera, Julia 32.90	SR	Good Counsel	1:08.57	1:10.41	16
				1:10.41 (37.51)	
4 Gragnani, Karen 34.45	JR	Good Counsel	NT	1:12.46	15
				1:12.46 (38.01)	
5 Crittenberger, Lee 34.63	SR	Georgetown Visitation	1:12.16	1:13.02	14
				1:13.02 (38.39)	
6 Colevas, Katherine 34.46	FR	St. John's College High School	1:15.22	1:13.47	13
				1:13.47 (39.01)	
7 Cleary, Grace E 33.58	FR	The Holton-Arms School	1:12.22	1:13.72	12
				1:13.72 (40.14)	
8 Kronfli, Natalie K 34.32	FR	Stone Ridge	1:13.52	1:14.09	11
				1:14.09 (39.77)	
9 Schipani, Jessica 34.77	FR	Academy of the Holy Cross	1:11.96	1:14.89	9
				1:14.89 (40.12)	
10 Cleary, Katherine 35.12	FR	Good Counsel	1:12.32	1:15.50	7
				1:15.50 (40.38)	
11 Cleary, Ella C 34.20	FR	The Holton-Arms School	1:15.15	1:15.71	6
				1:15.71 (41.51)	
12 Luigard, Emma 35.87	SO	Elizabeth Seton High School	1:13.08	1:15.77	5
				1:15.77 (39.90)	
13 Larson, Christina 35.91	10	NATIONAL CATHEDRAL/W	1:16.51	1:16.00	4
				1:16.00 (40.09)	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 22 Women 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
14	Vaughan, Maggie M 36.28	JR	Academy of the Holy Cross	1:15.04	1:16.66	3
15	Foley, Maddie 35.69	SR	The Holton-Arms School	1:17.00	1:16.77	2
16	Kilgallin, Elizabeth J 36.29	SR	Bishop O'Connell High School	1:11.64	1:17.02	1
17	Kammerer, Melina 36.82	12	NATIONAL CATHEDRAL/W	1:17.05	1:17.63	
18	Robison, Mary Ann 35.68	JR	The Holton-Arms School	1:16.85	1:18.18	
*19	Barber, Amanda 36.92	JR	Bishop McNamara High School	1:17.40	1:18.61	
*19	Eloshway, Melissa B 36.34	SO	St. John's College High School	1:18.08	1:18.61	
21	Rourke, Carmela 36.71	JR	Bishop McNamara High School	1:17.72	1:19.20	
22	Baker, Eva M 37.87	FR	St. John's College High School	1:20.18	1:19.88	
23	Funsten, Anna 36.45	JR	The Bullis School	1:21.47	1:20.56	
24	Kleess, Annabel M 37.92	SR	Stone Ridge	1:20.62	1:20.67	
25	Joaquin, Phoebe 39.01	JR	Georgetown Visitation	1:20.89	1:20.95	
26	Lundelius, Tina 38.14	JR	The Bullis School	1:21.50	1:21.15	
27	Bellino, Kerry 37.89		Connelly School of Holy Child	1:19.03	1:21.30	
28	Pinero, Julie 37.62	10	NATIONAL CATHEDRAL/W	1:21.08	1:21.35	
29	Bristol, Hannah 39.04		Sidwell Friends School	1:22.42	1:22.54	
30	Duke, Erin 36.74	FR	Georgetown Visitation	1:18.84	1:22.62	
31	Gigot, Carolyn 38.19	12	NATIONAL CATHEDRAL/W	1:22.22	1:22.78	
32	McCormick, Kate 39.07		Connelly School of Holy Child	1:23.53	1:23.67	
33	Carey, Bridgid E 40.87	FR	Stone Ridge	1:23.46	1:24.63	
34	DeGeorges, Maddie 39.95	JR	Bishop O'Connell High School	1:23.84	1:24.92	
35	Scanlon, Claire 39.71	SR	Academy of the Holy Cross	1:26.00	1:25.02	
*36	Overly, Mary 39.60		Connelly School of Holy Child	1:26.96	1:25.08	
*36	Hogan, Anne 39.60	SO	St. John's College High School	1:25.37	1:25.08	
38	Fernandez, Marlana 40.34	SO	Bishop O'Connell High School	1:22.27	1:25.70	
39	McCaffery, Cate 41.20	JR	The Bullis School	1:25.20	1:26.42	
40	Denman, Devon 43.04	FR	Elizabeth Seton High School	1:26.41	1:28.66	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 22 Women 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
41 Parker, Katie	SR	Bishop O'Connell High School	1:27.08	1:30.76	
40.72				1:30.76 (50.04)	
42 Mendelson, Olivia	SO	Maret School	1:31.45	1:31.18	
42.27				1:31.18 (48.91)	
43 Healy, Megan	SO	Elizabeth Seton High School	1:29.51	1:31.66	
41.47				1:31.66 (50.19)	
44 Suarez, Katie E	SR	Stone Ridge	1:30.00	1:31.85	
42.94				1:31.85 (48.91)	
45 Pongrace, Sarah		Sidwell Friends School	1:37.59	1:32.05	
43.53				1:32.05 (48.52)	
46 Sarraille, Charlotte		Sidwell Friends School	1:31.22	1:34.15	
44.37				1:34.15 (49.78)	
*47 Howell, Maris	JR	Elizabeth Seton High School	1:32.75	1:34.58	
43.27				1:34.58 (51.31)	
*47 Sobrino, Trisha		Connelly School of Holy Child	1:35.52	1:34.58	
45.19				1:34.58 (49.39)	
49 Pickering, Lauren	SR	Bishop McNamara High School	1:36.54	1:35.98	
44.39				1:35.98 (51.59)	
50 O'Connor-Grant, Marika	SR	Maret School	1:35.64	1:37.92	
45.37				1:37.92 (52.55)	
51 O'Connor-Grant, Kasya	SO	Maret School	1:40.95	1:38.11	
46.63				1:38.11 (51.48)	
52 Ben-Veniste, Olivia		Sidwell Friends School	NT	1:44.73	
48.97				1:44.73 (55.76)	
53 Magruder, Emily	FR	Bishop McNamara High School	1:43.67	1:45.36	
48.56				1:45.36 (56.80)	

**Event 24 Women 400 Yard Freestyle Relay**League Rec: **3:31.13** \$ **2006** Bishop O'ConnellMeet Record: **3:36.46** % **2005** Bishop O'ConnellMetros: **4:16.99****3:33.40** AAA**3:36.76** AAC

Team	Relay	Seed Time	Finals Time	Points
1 Good Counsel	A	3:31.80	3:44.89	40
1) Haase, Sarah SO	2) Mulquin, Catherine FR	3) Martinko, Jordan FR	4) Gragnani, Karen JR	
27.51	56.88 (56.88)	1:23.56 (26.68)	1:52.85 (55.97)	
2:20.00 (27.15)	2:49.48 (56.63)	3:15.88 (26.40)	3:44.89 (55.41)	
2 Academy of the Holy Cross	A	3:41.74	3:46.68	34
1) Callahan, Bridget K SO	2) Dinn, Celia R SO	3) Ferguson, Ashleigh E SO	4) Rogers, Katie L JR	
28.90	59.88 (59.88)	1:27.89 (28.01)	1:58.73 (58.85)	
2:24.14 (25.41)	3:01.45 (1:02.72)	3:46.68 (45.23)	3:46.68 (45.23)	
3 St. John's College High School	A	3:39.63	3:46.71	32
1) Ladas, Joanna M SR	2) Wilson, Amina C JR	3) Pankratz, Sarah E JR	4) Gentry, Marissa M JR	
27.68	58.28 (58.28)	1:24.71 (26.43)	1:53.37 (55.09)	
2:21.32 (27.95)	2:51.79 (58.42)	3:17.96 (26.17)	3:46.71 (54.92)	
4 Maret School	A	3:46.25	3:47.21	30
1) Hicks, Taylor FR	2) Pietrantonio, Sofie FR	3) Brown, Claire JR	4) Pietrantonio, Anna SR	
26.51	55.93 (55.93)	1:24.16 (28.23)	1:55.65 (59.72)	
2:22.31 (26.66)	2:52.64 (56.99)	3:19.06 (26.42)	3:47.21 (54.57)	
5 NATIONAL CATHEDRAL/W	A	3:46.91	3:47.90	28
1) Merley, Caitlin M 10	2) Orme, Nicole 13	3) Williams, Lacey 12	4) Rholl, Christine E 10	
28.75	1:00.03 (1:00.03)	1:26.26 (26.23)	1:55.95 (55.92)	
2:22.57 (26.62)	2:52.47 (56.52)	3:18.42 (25.95)	3:47.90 (55.43)	

**2010 WMPSSDL Championships - 2/17/2010 to 2/19/2010****Results - Women's Timed Finals****(Event 24 Women 400 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
6 The Holton-Arms School	A	3:51.75	3:49.65	26
1) Lin, Lisa SR	2) Ferraro, Carmen SR	3) Cohen, Nina A FR	4) Gathright, Jenny SO	
28.12	58.44 (58.44)	1:26.46 (28.02)	1:56.79 (58.35)	
2:23.27 (26.48)	2:53.08 (56.29)	3:20.23 (27.15)	3:49.65 (56.57)	
7 Connelly School of Holy Child	A	4:00.49	3:58.60	24
1) Overly, Catherine	2) Lamb, Heather	3) Nguyen, Emily	4) Popera, Ashleigh	
28.98	1:00.19 (1:00.19)	1:29.73 (29.54)	2:01.05 (1:00.86)	
2:29.87 (28.82)	3:01.35 (1:00.30)	3:28.93 (27.58)	3:58.60 (57.25)	
8 Georgetown Visitation	A	4:02.80	3:59.71	22
1) Allen, Sarah FR	2) Patalita, Elizabeth JR	3) Lindlaw, Casey JR	4) McCormick, Megan JR	
28.65	1:00.13 (1:00.13)	1:29.21 (29.08)	2:02.49 (1:02.36)	
2:30.54 (28.05)	3:00.95 (58.46)	3:28.97 (28.02)	3:59.71 (58.76)	
9 Bishop O'Connell High School	A	3:55.60	4:01.74	18
1) Umberger, Ryan L JR	2) McGinley, Bridget M SR	3) Duesterhaus, Emily R SR	4) Marsilii, Elena E SO	
27.57	58.42 (58.42)	1:27.03 (28.61)	1:59.45 (1:01.03)	
2:29.72 (30.27)	3:03.44 (1:03.99)	3:30.81 (27.37)	4:01.74 (58.30)	
10 Elizabeth Seton High School	A	4:11.12	4:17.64	14
1) Rozanski, Megan SR	2) Clagett, Natalie SR	3) Kelshaw, Trisha SR	4) Luigard, Emma SO	
30.84	1:05.61 (1:05.61)	1:36.11 (30.50)	2:11.21 (1:05.60)	
2:39.93 (28.72)	3:14.94 (1:03.73)	3:44.58 (29.64)	4:17.64 (1:02.70)	
11 Stone Ridge	A	4:07.43	4:28.68	12
1) Trujillo-Lederer, Bella I FR	2) Kleess, Annabel M SR	3) Plaine, Meredith A JR	4) Pressel, Anastasia M FR	
30.49	1:04.42 (1:04.42)	1:34.82 (30.40)	2:09.87 (1:05.45)	
2:41.09 (31.22)	3:17.41 (1:07.54)	3:51.20 (33.79)	4:28.68 (1:11.27)	
12 Sidwell Friends School	A	4:24.38	4:42.45	10
1) Welch, Shannon	2) Entwisle, Laura	3) Sarraille, Charlotte	4) Cantizano, Sophia	
33.20	1:10.45 (1:10.45)	1:43.61 (33.16)	2:21.23 (1:10.78)	
2:55.46 (34.23)	3:32.52 (1:11.29)	4:05.34 (32.82)	4:42.45 (1:09.93)	
13 The Bullis School	A	4:23.30	4:44.43	8
1) King, Meredith SR	2) McCaffery, Cate JR	3) Pickar, Crystal SR	4) Lundelius, Tina JR	
35.22	1:12.16 (1:12.16)	1:45.85 (33.69)	2:23.47 (1:11.31)	
2:55.98 (32.51)	3:33.79 (1:10.32)	4:06.71 (32.92)	4:44.43 (1:10.64)	
14 Bishop McNamara High School	A	3:51.08	5:04.36	6
1) McGinley, Kathleen JR	2) Pickering, Lauren SR	3) Gouldman, Casey JR	4) Mammano, Celena SR	
34.65	1:21.28 (1:21.28)	1:50.92 (29.64)	2:32.93 (1:11.65)	
3:07.68 (34.75)	3:49.55 (1:16.62)	4:25.53 (35.98)	5:04.36 (1:14.81)	